

2004 Mendon Trail Run 5K

Overall	Time	Name	Division	Division	PL
1	24:16	Seth Malcom	M20-29	1	1 st Male Overall
2	26:33	Benjamin Miller	M20-29	1	1 st M20-29
3	27:32	Wayne Crandall	M40-49	1	1stM40-49
4	32:37	Jeff Chester	M30-39	1	1 st M30-39
5	34:16	James Bongard	M40-49	2	
6	34:33	Jeff Vanriper	M40-49	3	
7	36:51	Kate Creatura	F30-39	1	1 st Female Overall
8	36:52	Lawrence Creatura	M30-39	2	
9	37:02	Robert Ganey	M30-39	3	
10	37:08	Jerry Morsan	M50-59	1	1 st M50-59
11	38:52	Anne Schwartz	F40-49	1	1 st F40-49
12	40:12	Karen Jackmin	F14-10	1	1 st F14-19
13	47:22	Barbara Esposito	F60-69	1	1 st F60-69
14	51:25	Jim Lavine	M50-59	2	
15	53:22	Anne Marie Spinney	F40-49	2	

2004 Mendon Trail Run 10K

Overall	Time	Name	Division	Division	Division PL
1	43:39	Phil Dilmok	M40-49	1	1 st Male Overall
2	46:28	Vince Longo	M40-49	1	1 st 40-49
3	51:06	Dahl Angus	M30-39	1	1 st M30-39
4	51:44	Susan Jenkins Lawson	F40-49	1	1 st Female Overall
5	52:35	Roger Howe	M50-59	1	1 st M50-59
6	52:51	Lou Kneeshaw	M40-49	2	
7	52:59	Margaret Dederich	F14-19	1	1 st F14-19
8	53:45	David Malecki	M40-49	3	
9	54:03	Bill McGuinness	M30-39	2	
10	54:12	Alex Pirnie	M40-49	4	
11	54:56	Dan Judd	M40-49	5	
12	55:15	Teresa Sukiennicki	F30-39	1	1 st F30-39
13	55:22	Mary Beth Harrod	F20-29	1	1 st F20-29
14	55:26	Travis Money	M20-29	1	1 st M20-29
15	55:36	Linda Drinkwater	F40-49	1	1 st F40-49
16	55:46	Darlene Saeva	F40-49	2	
17	56:33	Matthew Ripke	M20-29	2	
18	57:47	Larry Bernstein	M40-49	6	
19	58:02	Kate Zabel	F30-39	2	
20	58:04	Paul Ceglie	M20-29	2	
21	59:16	Jeff Schumacher	M40-49	7	
22	60:16	Lisa Roberts	F40-49	3	
23	60:48	Allen Dale Ripke	M50-59	2	
24	60:48	Sue Williams	F40-49	4	
25	60:56	Michelle Marino	F50-59	1	1 st F50-59
26	61:13	Allison Currie	F40-49	5	
27	61:23	Rob Thornburg	M30-39	3	
28	62:56	Anne Esposito	F30-39	3	
29	63:09	Michelle Dulieu	F30-39	4	
30	63:45	Gary Preece	M50-59	3	
31	64:12	Thomas McNally	M50-59	4	
32	64:30	Camille Good	F20-29	2	
33	64:30	Mindy Poag	F20-29	3	
34	64:31	Rachel Boylan	F20-29	4	
35	64:46	Lisa Abbott	F30-39	5	
36	64:55	Lynda McGuire	F50-59	2	
37	64:57	Becky Dederich	F40-49	6	
38	65:05	Kathy Belic	F40-49	7	
39	67:01	Barry Carestio	M40-49	8	
40	67:48	Ken Rosenfeld	F40-49	8	
41	70:01	Matthew Crance	M14-19	1	1 st M14-19
42	70:18	James Thomas	M20-29	3	
43	71:00	Len Kataskas	M50-59	5	
44	71:33	Laurie Susan Smith	F40-49	9	
45	81:25	Stephan James Huber	M40-49	9	
46	81:53	Maria Manarella	F14-19	2	
47	81:53	Gary Gudlia	M40-49	10	
48	83:56	Joe Gilroy	M50-59	6	
49	86:47	Anna Marie Woolston	F40-49	10	
50	88:04	Beth Alexander Harrison	F40-49	11	
51	141:39	Joelle Weaver	F20-29	5	

2004 Mendon Trail Run 20K

Overall	Time	Name	Division	Division	PL
1	1:22:11	Jason Urckfltz	M30-39	1	1 st Male Overall
2.	1:23:34	Eric Grimm	M30-39	1	1 st M30-39
3	1:26:47	James Oberst	M40-49	1	1 st M40-49
4	1:31:16	Dennis Vankerkove	M40-49	2	
5	1:32:30	Ron Herreid	M30-39	2	
6	1:37:23	Steven Gramlich	M40-49	3	
7	1:40:49	Egils Robs	M30-39	3	
8	1:41:02	Mick Kochen	M40-49	4	
9	1:41:45	Mark Benotti	M40-49	5	
10	1:43:00	DarrenVogt	M20-29	1	1 st Male 20-29
11	1:44:45	Michael Paul Teixeira	M30-39	4	
12	1:44:57	Patricia Pirnie	F40-49	1	1 st Female Overall
13	1:46:09	Brian Matthews	M20-29	2	
14	1:46:43	Jenn Dick	F20-29	1	1 st F20-29
15	1:47:01	David Jones	M40-49	6	
16	1:47:39	Andrew Fleming	M20-29	3	
17	1:49:57	Bob Bringley	M40-49	7	
18	1:50:03	Jim Bricker	M30-39	5	
19	1:51:18	No name			
20	1:51:25	Ginny Sackett	F40-49	1	1 st F40-49
21	1:56:05	Peter Landers	M40-49	8	
22	1:56:39	Cindy Ingalls	F50-59	1	1 st F50-59
23	1:57:32	Mark Biery	M14-19	1	1 st M14-19
24	1:59:36	Dave Weiss	M50-59	1	1 st M50-59
25	1:59:43	Bernie Gee	M30-39	6	
26	2:01:13	B Nakeed	M60-69	1	1 st M60-69
27	2:01:42	Rick Bennett	M40-49	9	
28	2:02:18	Jim Palmeeri	M60-69	2	
29	2:02:30	Jack McGowan	M40-49	10	
30	2:02:57	Kimberly Rapp	F40-49	2	
31	2:07:07	Ansis Robs	M14 Under	1	1 st M14 under
32	2:08:07	Aric Schorr	M14-19	2	
33	2:15:40	Kimberlee Buckner	F40-49	3	
34	2:17:42	Juanoa Guskowski	F40-49	4	
35	2:17:42	Lawrence Guskowski	M40-49	10	
36	2:19:37	Dan Sillick	M40-49	11	
37	2:19:49	Rachel Bayley	F40-49	5	
38	2:20:21	Calvin Loomis	M40-49	12	
39	2:22:22	Kim Gaylord	F30-39	1	1 st F30-39
40	2:26:08	Terri Urzetta	F30-39	2	
41	2:39:04	Susan Maio-Wade	F40-49	6	
42	2:39:25	Thomas Coburn	M60-69	3	
43	2:44:18	Drew Bayley	M40-49	13	
44	2:47:58	Bruce Lavner	M50-59	2	
45	3:10:20	Patti Hahn	F40-49	7	

2004 Mendon Trail Run 50K

Overall	Time	Name	Division	Division PL
1	4:19:38	Todd Baum	M40-49	1 st Male Overall, Course Record
2	4:21:30	Sven Bucheister	M30-39	1 st M30-39
3	4:22:17	Ryne Melcher	M20-29	1 st M20-29
4	4:29:40	Rob Kalvosky	M30-39	2
5	4:38:33	Ted Thull	M40-49	1 st M40-49
6	4:51:52	Rebecca Mary Harmon	F30-39	1 st Female Overall, Course Record
7	5:15:50	Kevin Saunders	M30-39	3
8	5:18:30	Andrew Rice	M30-39	4
9	5:26:33	Tony Power	M40-49	2
10	5:31:55	Joy Valvano	F40-49	1 st F40-49
11	5:33:36	David Kim	M40-49	3
12	5:42:00	Lorie Tily	F40-49	2
13	5:42:18	Joe Clunie	M20-29	2
14	5:43:40	Peter Harrison	M30-39	5
15	5:44:26	George Getman	M20-29	3
16	6:02:50	Mark Lavner	M40-49	4
17	6:09:02	John Prohira	M50-59	1 st M50-59
18	6:09:03	Richard Cronise	M50-59	2
19	6:09:33	Mary White	F40-49	3
20	6:12:13	Dave Smith	M50-59	3
21	6:18:17	Bob Mulcock	M40-49	5
22	6:25:33	Tim Hammell	M40-49	6
23	6:44:33	Chester Jozefski	M50-59	4
24	7:04:40	Maria Pizzaralla	F30-39	1 st F30-39
25	7:11:45	John Melville	M50-59	5
26	7:23:30	Diane Jozefski	F40-49	4
27	7:23:40	Nancy Caffo	F40-49	5
28	7:40:35	Joe Packard	M40-49	6
29	8:36:08	Bruce Oliver	M60-69	1 st M60-69