

**Mendon Trail Run 5K, 10K, 20K**  
**Saturday November 10, 2007 Mendon Ponds, Mendon, NY**  
**187 Finishers (132 Males, 55 Females)**  
**Timed By YellowJacket Racing**

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Lap 2	Total
<b>10K Results</b>									
1	327	Ben Feidner	M	Overall Male 10K	10K	Farmington	39:59		39:59
2	234	Jordan Hill	M	10M14-19	10K	Spencerport	40:53		40:53
3	301	Mark Johnson	M	10M40-49	10K	Webster	42:45		42:45
4	219	Brandon DiPasquale	M	10M14-19	10K	Conesus	42:58		42:58
5	347	Joe Flanagan	M	10M20-29	10K	Holley	43:41		43:41
6	329	Nathan Kauffman	M	10M20-29	10K		45:00		45:00
7	322	John Hair	M	10M30-39	10K		45:50		45:50
8	212	Ben Cleeton	M	10M14-19	10K	Geneseo	45:53		45:53
9	205	Lawrence Bernstein	M	10M40-49	10K	Honeoye Falls	47:52		47:52
10	353	Tyler Magnan	M	10M20-29	10K	Victor	48:01		48:01
11	248	Jared Kuhl	M	10M20-29	10K	Syracuse	48:07		48:07
12	278	Dashawn Robinson	M	10M14-19	10K	Buffalo	48:56		48:56
13	207	David Blake	M	10M50-59	10K	Stafford	49:40		49:40
14	348	Kim Douglas	F	Overall Female 10K	10K	Honeoye Falls	49:52		49:52
15	331	Rick Dean	M	10M20-29	10K	Marion	50:04		50:04
16	351	Patricia Pirnie	F	10F40-49	10K		50:10		50:10
17	276	Jeff Rembold	M	10M30-39	10K	Webster	50:16		50:16
18	216	Joshua Crocker	M	10M20-29	10K	Marion	50:18		50:18
19	340	R Matthew Gee	M	10M20-29	10K		50:29		50:29
20	451	Rob Smura	M	10M30-39	20K		50:30		50:30
21	349	Jay Ferriman	M	10M40-49	10K	Fairport	50:32		50:32
22	328	Carl Grimm	M	10M60-69	10K		51:55		51:55
23	344	Mark Woodhams	M	10M50-59	10K		51:58		51:58
24	237	Robert Holmes	M	10M30-39	10K	Fairport	52:13		52:13
25	274	Sean Rahrle	M	10M20-29	10K	Rochester	52:44		52:44
26	330	Timothy Bantle	M	10M50-59	10K	Walworth	52:53		52:53
27	332	Michael Biron	M	10M40-49	10K	Fairport	53:01		53:01
28	204	James Beaujon	M	10M40-49	10K	Canandaigua	53:02		53:02
29	241	Nate Jenny	M	10M30-39	10K	Macedon	53:10		53:10
30	355	Matt Degma	M	10M50-59	10K		53:15		53:15
31	354	Laura Church	F	10F30-39	10K	Rochester	53:16		53:16
32	257	Ed Martin	M	10M40-49	10K	Victor	53:25		53:25
33	264	Thomas Parenti	M	10M30-39	10K	Sarver	53:47		53:47
34	236	Kameron Holmes	F	10F30-39	10K	Fairport	54:09		54:09
35	224	Corey Frantz	M	10M30-39	10K	Rochester	54:28		54:28
36	334	Joe Coppeta	M	10M40-49	10K	Greece	54:59		54:59
37	316	Stephanie Peters	F	10F20-29	10K	Rochester	55:02		55:02
38	300	Mary Wojnowski	F	10F40-49	10K	Rochester	55:18		55:18
39	335	John Wilcox	M	10M40-49	10K	W. Henrietta	55:35		55:35
40	324	Harry DeLahunta	M	10M40-49	10K	Pittsford	55:55		55:55
41	221	Jackie Dowdeswell	F	10F40-49	10K	Pittsford	55:59		55:59
42	342	Sarah McCarthy	F	10F30-39	10K		56:31		56:31
43	346	Michelle Marino	F	10F50-59	10K		56:59		56:59
44	268	Steve Phillips	M	10M30-39	10K	Avon	57:03		57:03
45	220	Raymond DiPasquale	M	10M40-49	10K	Conesus	57:07		57:07
46	245	Dan Judd	M	10M40-49	10K	Rochester	57:10		57:10
47	356	Larry Hoffman	M	10M30-39	10K	Ontario	57:21		57:21
48	298	Sarah Wilcox	F	10F14-19	10K	Rochester	57:40		57:40
49	256	Scott Manley	M	10M20-29	10K	Whitesboro	58:13		58:13
50	323	Andrew Ciao	M	10M40-49	10K	Victor	58:17		58:17
51	227	Chuck Giordano	M	10M40-49	10K	Hilton	58:23		58:23
52	326	Bob Baldino	M	10M40-49	10K	Spencerport	58:43		58:43
53	209	James Bongard	M	10M40-49	10K	Webster	58:51		58:51
54	286	Kevin Sullivan	M	10M40-49	10K	Rush	59:04		59:04
55	222	Annette Esposito	F	10F40-49	10K	Rochester	59:14		59:14
56	230	Lawrence Guskowski	M	10M50-59	10K	Rochester	59:15		59:15
57	337	Mike Hall	M	10M30-39	10K	Rochester	1:00:25		1:00:25
58	336	Steven Rowe	M	10M40-49	10K		1:00:25		1:00:25
59	218	Susan Cushman	F	10F30-39	10K	Honeoye Falls	1:00:30		1:00:30
60	313	Stacy Edwards	F	10F20-29	10K	Hilton	1:01:29		1:01:29
61	308	John Tarduno	M	10M40-49	10K	Rochester	1:01:49		1:01:49
62	338	Ty Hookway	M	10M40-49	10K		1:02:25		1:02:25

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Lap 2	Total
63	339	MaryEllen McGraw	F	10F40-49	10K	Pittsford	1:02:25		1:02:25
64	289	Michael Torpey	M	10M30-39	10K	Honeoye Falls	1:03:22		1:03:22
65	357	George DedeRich	M	10M14-19	10K		1:03:29		1:03:29
66	352	Mike Allen	M	10M40-49	10K	Rochester	1:04:00		1:04:00
67	452	David Prest	M	10M30-39	20K	Holley	1:05:11		1:05:11
68	254	Joel Mancarella	M	10M14-19	10K	Syracuse	1:06:02		1:06:02
69	343	Rich Kapp	M	10M30-39	10K	Webster	1:06:05		1:06:05
70	333	Bob Timkey	M	10M30-39	10K	Lockport	1:06:31		1:06:31
71	318	Cathy Senecal-Rice	F	10F50-59	10K		1:06:36		1:06:36
72	281	Jonathan Schwandt	M	10M30-39	10K	Macedon	1:06:42		1:06:42
73	231	Dudley Hallstead	M	10M40-49	10K	Canandaigua	1:06:43		1:06:43
74	272	Carolyn Privitera Gage	F	10F40-49	10K	Henrietta	1:06:45		1:06:45
75	259	Kelly McNelis	F	10F20-29	10K	Rochester	1:06:53		1:06:53
76	345	Jeff VanRiper	M	10M50-59	10K	Farmington	1:07:21		1:07:21
77	252	Robin Lyle	F	10F30-39	10K	Honeoye Falls	1:08:18		1:08:18
78	350	John Bradley	M	10M30-39	10K	Fairport	1:09:03		1:09:03
79	246	Len Kataskas	M	10M50-59	10K	Clifton Springs	1:09:56		1:09:56
80	240	Julian Huyushi	M	10M14-19	10K	Buffalo	1:10:13		1:10:13
81	325	Gary Preece	M	10M50-59	10K	Shortsville	1:10:26		1:10:26
82	282	Martha Southard	F	10F40-49	10K	East Syracuse	1:10:45		1:10:45
83	292	Brian VandeMortel	M	10M40-49	10K	Webster	1:10:53		1:10:53
84	250	Mark Lehman	M	10M50-59	10K	Honeoye Falls	1:11:29		1:11:29
85	302	Cyndi Wcislo	F	10F50-59	10K	Buffalo	1:11:29		1:11:29
86	263	Michele Pane	F	10F40-49	10K	Seneca Falls	1:11:52		1:11:52
87	299	Rahul Witschi	M	10M30-39	10K	Webster	1:12:39		1:12:39
88	258	Tami McGraw	F	10F30-39	10K	Brockport	1:14:29		1:14:29
89	288	Alex Tong	M	10M30-39	10K	Rochester	1:14:53		1:14:53
90	225	Mike Friedler	M	10M40-49	10K	Ontario	1:14:55		1:14:55
91	273	Marilee Pryor	F	10F50-59	10K	Scottsville	1:16:28		1:16:28
92	397	Patti Hahn	F	10F50-59	10K		1:22:57		1:22:57
93	341	Bill Woodhams	M	10M20-29	10K	Rochester	1:28:05		1:28:05
94	321	Adeline Saliba	F	10F30-39	10K	Medford	1:35:54		1:35:54
95	229	Maria Gudlin	F	10F40-49	10K	Jamesville	1:39:02		1:39:02
96	262	Devon Palmer	M	10M14-19	10K	Buffalo	1:54:49		1:54:49
97	243	Xavier Jones	M	10M14-19	10K	Buffalo	1:54:49		1:54:49
98	213	Micheal Collier	M	10M14-19	10K	Buffalo	2:05:45		2:05:45
99	290	Aerig Turman	M	10M14-19	10K	Buffalo	2:05:46		2:05:46
100	295	Brianna Vazquez	F	10F14-19	10K	Buffalo	2:11:00		2:11:00
101	201	Heather Ryan	F	10F14-19	10K	Buffalo	2:11:03		2:11:03
102	277	Michael Richardson	M	10M14-19	10K	Buffalo	2:25:08		2:25:08

### 20K Results

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Lap 2	Total
1	437	Carl Johnston	M	Overall Male 20K	20K	Ontario	41:44	43:09	1:24:52
2	396	Alan Powers	M	20M30-39	20K	Rochester	41:48	44:32	1:26:21
3	235	Joseph Holler	M	20M20-29	20K	Jamestown	43:29	46:25	1:29:54
4	293	Dennis VanKerkhove	M	20M40-49	20K	Rochester	44:37	46:14	1:30:51
5	458	Andrew Olson	M	20M20-29	20K	Syracuse	45:41	46:55	1:32:36
6	383	Matthew Doyle	M	20M30-39	20K	Rochester	44:27	48:57	1:33:24
7	384	Christa Meyer	F	Overall Female 20K	20K	Fairport	46:30	48:40	1:35:10
8	463	Larry Creatura	M	20M40-49	20K		48:03	50:13	1:38:15
9	373	Rick Schopinski	M	20M40-49	20K	Victor	47:55	52:31	1:40:26
10	312	Christian Jones	M	20M30-39	20K	Hilton	49:14	51:18	1:40:32
11	314	Scott McNitt	M	20M40-49	20K		49:14	51:18	1:40:33
12	242	David Jones	M	20M40-49	20K	Interlaken	48:59	52:09	1:41:08
13	311	Steven Snyder	M	20M30-39	20K	Hamlin	46:31	55:01	1:41:33
14	202	Rich Angell	M	20M30-39	20K	Rochester	50:42	52:06	1:42:49
15	456	Frank Quattrone	M	20M50-59	20K	Webster	49:55	53:30	1:43:26
16	379	Hector Bauza	M	20M60-69	20K	Fredonia	51:20	55:04	1:46:24
17	399	Shannon Manzo	F	20F30-39	20K	Rochester	52:15	55:38	1:47:53
18	380	Egils Robs	M	20M30-39	20K	East Rochester	52:21	56:18	1:48:40
19	382	Jon McDonough	M	20M30-39	20K	North Chili	52:04	57:11	1:49:15
20	462	Josh Keefe	M	20M20-29	20K	Rochester	51:46	57:30	1:49:16
21	376	Mike Mundy	M	20M40-49	20K		52:13	57:04	1:49:16
22	395	Buzz Schild	M	20M60-69	20K	Rochester	52:12	57:31	1:49:43
23	291	Rob Tyler	M	20M50-59	20K	Pittsford	53:05	57:21	1:50:27
24	386	Danielle Snyder	F	20F20-29	20K	Pittsford	56:05	55:47	1:51:52
25	307	Jim Glinsky	M	20M60-69	20K		56:06	56:41	1:52:47

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Lap 2	Total
26	378	Kathy Schwenk	F	20F40-49	20K	Corfu	55:47	57:35	1:53:22
27	215	Michael Collins	M	20M30-39	20K	Rochester	53:51	1:02:03	1:55:54
28	459	Jim Kerr	M	20M50-59	20K	Canandaigua	56:29	59:36	1:56:06
29	306	Nancy Heilemann	F	20F40-49	20K	Clemson	58:11	1:00:37	1:58:48
30	233	Patrick Herron	M	20M50-59	20K	LeRoy	57:54	1:01:53	1:59:47
31	244	Chester Jozefski	M	20M50-59	20K	Rochester	58:41	1:03:08	2:01:48
32	377	John McKenna	M	20M40-49	20K		56:15	1:06:56	2:03:11
33	374	Gregory Hyatt	M	20M50-59	20K	Amherst	1:03:16	1:01:15	2:04:31
34	210	Christina Chavez	F	20F30-39	20K	Canandaigua	1:03:04	1:04:21	2:07:25
35	275	Lisa Ray	F	20F40-49	20K	Fairport	1:01:33	1:05:59	2:07:31
36	279	Darlene Saeva	F	20F40-49	20K	Rochester	1:06:28	1:04:36	2:11:04
37	454	Daniel Sillick	M	20M50-59	20K	Hiton	1:03:41	1:10:08	2:13:49
38	303	Julie Bell	F	20F30-39	20K	Pittsford	1:05:00	1:12:59	2:17:59
39	385	Nancy VanKerkhove	F	20F40-49	20K	Rochester	1:06:46	1:13:40	2:20:25
40	310	Jen Newman	F	20F30-39	20K	Pittsford	1:08:09	1:12:42	2:20:52
41	285	Teresa Sukiennicki	F	20F40-49	20K	Rochester	1:05:06	1:18:06	2:23:12
42	319	Anne Schwartz	F	20F50-59	20K	Webster	1:09:47	1:14:35	2:24:22
43	208	Kimberlee Bliet	F	20F40-49	20K	Webster	1:07:51	1:18:24	2:26:16
44	372	Dave Fergusson	M	20M50-59	20K		1:06:07	1:21:34	2:27:40
45	280	Fouad Saliba	M	20M60-69	20K	Westmount	1:13:25	1:17:10	2:30:36
46	217	Alison Currie	F	20F50-59	20K	Rochester	1:11:26	1:19:31	2:30:57
47	315	Kelly Nash	F	20F30-39	20K	Rochester	1:10:48	1:22:11	2:32:58
48	317	Maria Durkin	F	20F40-49	20K	Pittsford	1:10:48	1:22:11	2:32:59
49	453	Gaylee Saliba	F	20F20-29	20K	Medford	1:17:21	1:32:11	2:49:32

### 5K Results

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Total
1	226	Marcus Gage	M	Overall Male 5K	5K	Henrietta	23:29	23:29
2	398	Tom Regan	M	5M30-39	5K	Victor	23:53	23:53
3	468	Eric Bigenwald	M	5M14UNDER	5K		25:29	25:29
4	271	Joshua Platt	M	5M14-19	5K	Kent	28:22	28:22
5	393	Ross Pirnie	M	5M14UNDER	5K		28:26	28:26
6	203	Allen Beaujon	M	5M14UNDER	5K	Canandaigua	29:10	29:10
7	214	Chris Collins	M	5M40-49	5K	Newark	30:27	30:27
8	375	Aria McKusick	F	Overall Female 5K	5K	Mendon	30:56	30:56
9	267	Scott Phillips	M	5M20-29	5K	Rochester	30:58	30:58
10	469	Jacob Bigenwald	M	5M14UNDER	5K		31:07	31:07
11	461	Chris Bigenwald	M	5M40-49	5K		31:08	31:08
12	390	Enrich Spaker	M	5M14UNDER	5K	Spencerport	31:33	31:33
13	465	Kate Creatura	F	5F40-49	5K		32:27	32:27
14	394	Evan Pirnie	M	5M14UNDER	5K	Hilton	34:35	34:35
15	391	Sebold Torno	M	5M30-39	5K		34:51	34:51
16	265	Douglas Pereira	M	5M30-39	5K	Canandaigua	35:18	35:18
17	464	Jack Creatura	M	5M14UNDER	5K		35:30	35:30
18	381	Margaux Judge	F	5F30-39	5K	Fayetteville	35:49	35:49
19	247	Renee Kirk	M	5M30-39	5K	Bloomfield	36:08	36:08
20	239	Paul Hutkowski	M	5M30-39	5K	Pittsford	36:12	36:12
21	269	Tim Phillips	M	5M20-29	5K	Newark	37:30	37:30
22	388	Martha McKenna	F	5F30-39	5K		38:06	38:06
23	387	Shari Kinel	F	5F40-49	5K		38:06	38:06
24	392	Barryn Caresto	M	5M50-59	5K	Livonia	38:09	38:09
25	297	Jeff Weber	M	5M50-59	5K	Rochester	38:54	38:54
26	251	Jason Lyle	M	5M30-39	5K	Honeoye Falls	39:25	39:25
27	294	Athena Visel	F	5F20-29	5K	Roc	39:29	39:29
28	455	Sean Metz	M	5M20-29	5K		40:34	40:34
29	283	Jeremy Stein	M	5M30-39	5K	Honeoye Falls	40:56	40:56
30	284	Tara Stein	F	5F20-29	5K	Honeoye Falls	40:56	40:56
31	304	Rob Hayes	M	5M30-39	5K	Avon	41:23	41:23
32	270	Traci Phillips	F	5F30-39	5K	Avon	42:57	42:57
33	457	Tim Mulhall	M	5M40-49	5K		44:55	44:55
34	389	Ahren Spaker	M	5M14UNDER	5K	Spencerport	48:37	48:37
35	466	Jack Fickett	M	5M14UNDER	5K		52:29	52:29
36	467	Hannah Fickett	F	5F14UNDER	5K		54:02	54:02