

Mendon Trail Run 50k Splits  
November 2, 2013

Overall	Number	Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Total
	1 #27	Cole Crosby M25	0:42:16	0:43:42	0:42:54	0:44:24	0:48:39	3:41:55
			0:42:16	1:25:58	2:08:52	2:53:16	3:41:55	
	2 #82	Jim Mollosky M38	0:45:37	0:44:11	0:45:32	0:46:37	0:47:20	3:49:17
			0:45:37	1:29:48	2:15:20	3:01:57	3:49:17	
	3 #1	Daven Oskvig M36	0:42:26	0:45:21	0:46:38	0:49:11	0:52:31	3:56:07
			0:42:26	1:27:47	2:14:25	3:03:36	3:56:07	
	4 #112	Jim Sweeney M32	0:45:39	0:45:00	0:47:05	0:51:00	0:59:47	4:08:31
			0:45:39	1:30:39	2:17:44	3:08:44	4:08:31	
	5 #42	Ian Golden M36	0:44:42	0:46:04	0:46:31	0:51:36	1:03:10	4:12:03
			0:44:42	1:30:46	2:17:17	3:08:53	4:12:03	
	6 #118	Tim Unrath M32	0:47:02	0:49:37	0:51:05	0:57:43	1:01:01	4:26:28
			0:47:02	1:36:39	2:27:44	3:25:27	4:26:28	
	7 #117	Mike Twohig M34	0:48:42	0:51:19	0:53:37	0:59:11	1:00:38	4:33:27
			0:48:42	1:40:01	2:33:38	3:32:49	4:33:27	
	8 #55	Ed Housel M54	0:51:18	0:53:43	0:54:01	0:57:08	0:59:25	4:35:35
			0:51:18	1:45:01	2:39:02	3:36:10	4:35:35	
	9 #130	Michael Welden M31	0:49:49	0:55:30	0:54:11	0:58:47	1:00:54	4:39:11
			0:49:49	1:45:19	2:39:30	3:38:17	4:39:11	
	10 #127	Dan Ward M36	0:52:46	0:52:42	0:56:14	0:59:41	0:58:13	4:39:36
			0:52:46	1:45:28	2:41:42	3:41:23	4:39:36	
	11 #59	Scotie Jacobs M38	0:47:25	0:50:59	0:54:55	1:02:48	1:06:32	4:42:39
			0:47:25	1:38:24	2:33:19	3:36:07	4:42:39	
	12 #30	Keith Delfavero M34	0:54:36	0:55:01	0:55:37	0:55:59	1:04:05	4:45:18
			0:54:36	1:49:37	2:45:14	3:41:13	4:45:18	
	13 #17	Michael Bray M31	0:53:58	0:56:45	0:58:10	1:01:23	1:02:48	4:53:04
			0:53:58	1:50:43	2:48:53	3:50:16	4:53:04	
	14 #115	Ted Thull M52	0:52:41	0:55:33	0:55:37	1:03:31	1:08:15	4:55:37
			0:52:41	1:48:14	2:43:51	3:47:22	4:55:37	
	15 #85	Ken Moon M47	0:52:59	0:54:52	0:58:17	1:04:57	1:10:31	5:01:36
			0:52:59	1:47:51	2:46:08	3:51:05	5:01:36	
	16 #120	Gerrit Van Loon M52	0:56:46	0:57:46	1:00:07	1:03:16	1:04:02	5:01:57
			0:56:46	1:54:32	2:54:39	3:57:55	5:01:57	
	17 #129	Bill Weber M47	0:51:46	0:53:31	0:54:11	1:03:09	1:20:32	5:03:09
			0:51:46	1:45:17	2:39:28	3:42:37	5:03:09	
	18 #15	Austin Black M23	0:52:54	0:56:45	0:57:46	1:07:32	1:09:14	5:04:11
			0:52:54	1:49:39	2:47:25	3:54:57	5:04:11	
	19 #31	Andy Desmann M48	0:54:31	0:56:33	0:59:07	1:05:48	1:11:13	5:07:12
			0:54:31	1:51:04	2:50:11	3:55:59	5:07:12	
	20 #24	Joel Cisne M31	0:52:19	0:55:56	1:00:36	1:12:54	1:10:48	5:12:33
			0:52:19	1:48:15	2:48:51	4:01:45	5:12:33	
	21 #19	Richard Brown M46	0:55:57	0:59:26	1:01:13	1:06:35	1:12:19	5:15:30
			0:55:57	1:55:23	2:56:36	4:03:11	5:15:30	
	22 #93	Liz Pflughardt F27	0:56:59	0:57:00	1:02:34	1:08:46	1:11:44	5:17:03
			0:56:59	1:53:59	2:56:33	4:05:19	5:17:03	
	23 #28	Dave Currey M56	1:01:19	1:01:37	1:03:46	1:06:39	1:03:58	5:17:19
			1:01:19	2:02:56	3:06:42	4:13:21	5:17:19	
	24 #35	Kevin Douglass M36	0:52:56	0:57:43	1:03:31	1:12:01	1:11:51	5:18:02

		0:52:56	1:50:39	2:54:10	4:06:11	5:18:02	
25 #54	Rene Hoover F32	0:56:53	0:58:25	1:03:44	1:10:04	1:09:05	5:18:11
		0:56:53	1:55:18	2:59:02	4:09:06	5:18:11	
26 #26	Travis Crocker M42	0:57:30	0:59:12	1:02:01	1:08:19	1:12:39	5:19:41
		0:57:30	1:56:42	2:58:43	4:07:02	5:19:41	
27 #56	Olga Huber F43	1:00:06	1:02:05	1:02:06	1:06:15	1:10:08	5:20:40
		1:00:06	2:02:11	3:04:17	4:10:32	5:20:40	
28 #77	Patrick Milligan M49	0:55:54	0:58:13	1:01:34	1:09:16	1:15:55	5:20:52
		0:55:54	1:54:07	2:55:41	4:04:57	5:20:52	
29 #41	Dave George M40	0:58:09	1:01:29	1:04:41	1:06:21	1:11:38	5:22:18
		0:58:09	1:59:38	3:04:19	4:10:40	5:22:18	
30 #121	Andrew Vanburen M26	0:50:01	0:51:06	0:54:27	1:06:09	1:44:56	5:26:39
		0:50:01	1:41:07	2:35:34	3:41:43	5:26:39	
31 #23	Andrew Ciaio M48	0:58:06	1:02:03	1:02:46	1:09:35	1:19:21	5:31:51
		0:58:06	2:00:09	3:02:55	4:12:30	5:31:51	
32 #126	Tania Villalba F45	0:58:57	1:01:49	1:05:16	1:13:07	1:13:17	5:32:26
		0:58:57	2:00:46	3:06:02	4:19:09	5:32:26	
33 #87	Sandy Mustico F40	1:00:57	1:04:01	1:07:05	1:10:59	1:11:08	5:34:10
		1:00:57	2:04:58	3:12:03	4:23:02	5:34:10	
34 #124	Robert Veeder M42	1:00:31	1:03:53	1:06:08	1:09:45	1:13:58	5:34:15
		1:00:31	2:04:24	3:10:32	4:20:17	5:34:15	
35 #78	Jade Mills F34	1:03:29	1:07:28	1:08:37	1:08:18	1:10:30	5:38:22
		1:03:29	2:10:57	3:19:34	4:27:52	5:38:22	
36 #113	Michael Teixeira M42	1:00:14	1:01:25	1:05:32	1:09:44	1:21:44	5:38:39
		1:00:14	2:01:39	3:07:11	4:16:55	5:38:39	
37 #37	Sally Evenden F58	0:59:52	1:04:25	1:07:32	1:14:48	1:17:40	5:44:17
		0:59:52	2:04:17	3:11:49	4:26:37	5:44:17	
38 #88	Kirsten Nagel F30	1:00:37	1:05:07	1:03:41	1:14:42	1:20:25	5:44:32
		1:00:37	2:05:44	3:09:25	4:24:07	5:44:32	
39 #128	Christopher Washburn M51	1:04:47	1:07:15	1:09:13	1:13:15	1:14:45	5:49:15
		1:04:47	2:12:02	3:21:15	4:34:30	5:49:15	
40 #38	David Farrands M40	1:04:18	1:07:30	1:11:10	1:12:52	1:15:40	5:51:30
		1:04:18	2:11:48	3:22:58	4:35:50	5:51:30	
41 #79	Jeff Mills M36	1:03:31	1:07:28	1:08:38	1:11:44	1:22:53	5:54:14
		1:03:31	2:10:59	3:19:37	4:31:21	5:54:14	
42 #105	Thomas Rycroft M42	1:03:00	1:07:03	1:06:44	1:14:07	1:23:22	5:54:16
		1:03:00	2:10:03	3:16:47	4:30:54	5:54:16	
43 #52	David Hoelcle M38	0:56:01	1:01:21	1:10:20	1:26:26	1:25:39	5:59:47
		0:56:01	1:57:22	3:07:42	4:34:08	5:59:47	
44 #53	Tom Hooper M32	0:56:49	1:02:46	1:17:18	1:22:53	1:21:41	6:01:27
		0:56:49	1:59:35	3:16:53	4:39:46	6:01:27	
45 #76	Michael Meynadasy M52	1:05:58	1:10:00	1:15:56	1:18:23	1:18:15	6:08:32
		1:05:58	2:15:58	3:31:54	4:50:17	6:08:32	
46 #7	Stacey Arnold F32	1:05:05	1:06:38	1:08:33	1:24:45	1:26:54	6:11:55
		1:05:05	2:11:43	3:20:16	4:45:01	6:11:55	
47 #65	Matthew Kornaker M29	0:59:45	0:59:45	1:06:30	1:27:43	1:38:36	6:12:19
		0:59:45	1:59:30	3:06:00	4:33:43	6:12:19	
48 #110	Kirk Smith M33	1:03:48	1:11:37	1:17:21	1:19:49	1:24:13	6:16:48
		1:03:48	2:15:25	3:32:46	4:52:35	6:16:48	
49 #20	Heather Burger F34	1:09:15	1:13:56	1:15:10	1:16:34	1:23:40	6:18:35
		1:09:15	2:23:11	3:38:21	4:54:55	6:18:35	

50 #8	James Baker M45	0:59:49	1:03:55	1:15:07	1:29:05	1:33:47	6:21:43
		0:59:49	2:03:44	3:18:51	4:47:56	6:21:43	
51 #3	Christopher Accardo M22	1:07:20	1:10:55	1:16:11	1:23:57	1:26:12	6:24:35
		1:07:20	2:18:15	3:34:26	4:58:23	6:24:35	
52 #6	Erika Anderson F39	1:06:55	1:11:31	1:15:58	1:24:02	1:26:42	6:25:08
		1:06:55	2:18:26	3:34:24	4:58:26	6:25:08	
53 #75	Patrick Mchenry M52	1:11:44	1:15:02	1:17:04	1:20:15	1:21:37	6:25:42
		1:11:44	2:26:46	3:43:50	5:04:05	6:25:42	
54 #81	Lisa Mohatt F44	1:10:58	1:09:49	1:17:14	1:22:08	1:27:43	6:27:52
		1:10:58	2:20:47	3:38:01	5:00:09	6:27:52	
55 #80	James Miner M65	1:11:38	1:12:40	1:16:49	1:20:10	1:28:08	6:29:25
		1:11:38	2:24:18	3:41:07	5:01:17	6:29:25	
56 #122	Brian Vanburen M31	1:04:16	1:10:57	1:18:21	1:27:25	1:32:35	6:33:34
		1:04:16	2:15:13	3:33:34	5:00:59	6:33:34	
57 #32	Doug Deweaver M56	1:06:16	1:08:59	1:19:24	1:30:09	1:29:49	6:34:37
		1:06:16	2:15:15	3:34:39	5:04:48	6:34:37	
58 #102	Carley Rogers F25	1:10:10	1:12:34	1:15:16	1:27:13	1:37:00	6:42:13
		1:10:10	2:22:44	3:38:00	5:05:13	6:42:13	
59 #18	Sharon Brennan F43	1:11:07	1:15:18	1:24:38	1:28:04	1:24:28	6:43:35
		1:11:07	2:26:25	3:51:03	5:19:07	6:43:35	
60 #86	Ben Murphy M36	1:03:50	1:11:55	1:19:05	1:34:32	1:37:17	6:46:39
		1:03:50	2:15:45	3:34:50	5:09:22	6:46:39	
61 #10	Eva Basehart F45	1:09:43	1:17:58	1:25:53	1:26:52	1:27:48	6:48:14
		1:09:43	2:27:41	3:53:34	5:20:26	6:48:14	
62 #44	Chad Grohman M41	1:07:36	1:12:17	1:19:57	1:34:17	1:35:42	6:49:49
		1:07:36	2:19:53	3:39:50	5:14:07	6:49:49	
63 #45	Thomas Grolemond M41	1:07:40	1:12:15	1:19:58	1:34:18	1:35:40	6:49:51
		1:07:40	2:19:55	3:39:53	5:14:11	6:49:51	
64 #67	Anthony Longano M42	1:04:36	1:10:18	1:19:07	1:37:37	1:38:25	6:50:03
		1:04:36	2:14:54	2:40:13	3:05:50	3:31:28	
65 #131	Jaime Wilkie M38	1:08:30	1:12:02	1:18:53	1:41:51	1:30:35	6:51:51
		1:08:30	2:20:32	3:39:25	5:21:16	6:51:51	
66 #14	Todd Beverly M53	1:04:07	1:18:47	1:28:44	1:24:24	1:37:31	6:53:33
		1:04:07	2:22:54	3:51:38	5:16:02	6:53:33	
67 #104	Matthew Rowe M25	1:07:10	1:18:09	1:25:11	1:29:18	1:34:25	6:54:13
		1:07:10	2:25:19	3:50:30	5:19:48	6:54:13	
68 #103	Kenneth Rowe M54	1:07:14	1:10:17	1:24:00	1:36:33	1:37:54	6:55:58
		1:07:14	2:17:31	3:41:31	5:18:04	6:55:58	
69 #111	Sean Storie M30	1:03:44	1:13:21	1:28:05	1:31:00	1:41:05	6:57:15
		1:03:44	2:17:05	3:45:10	5:16:10	6:57:15	
70 #89	Tim Nelson M49	1:15:10	1:18:50	1:19:58	1:27:36	1:37:34	6:59:08
		1:15:10	2:34:00	3:53:58	5:21:34	6:59:08	
71 #92	Luana Pesco Koplowitz F58	1:14:30	1:21:34	1:25:57	1:29:45	1:33:44	7:05:30
		1:14:30	2:36:04	4:02:01	5:31:46	7:05:30	
72 #73	Annamarie Mccormick-Howell F2	1:10:50	1:16:07	1:24:22	1:40:10	1:37:04	7:08:33
		1:10:50	2:26:57	3:51:19	5:31:29	7:08:33	
73 #43	Merrilee Gorton F51	1:20:41	1:26:28	1:23:11	1:24:30	1:34:36	7:09:26
		1:20:41	2:47:09	4:10:20	5:34:50	7:09:26	
74 #132	Missy Woodruff F41	1:09:27	1:12:05	1:21:19	1:37:32	1:50:08	7:10:31
		1:09:27	2:21:32	3:42:51	5:20:23	7:10:31	
75 #58	Lauren Idzik F42	1:12:41	1:18:03	1:27:02	1:33:56	1:39:12	7:10:54

		1:12:41	2:30:44	3:57:46	5:31:42	7:10:54	
76 #72	Rachel Mcardle F38	1:12:00	1:17:09	1:24:42	1:35:52	1:43:30	7:13:13
		1:12:00	2:29:09	3:53:51	5:29:43	7:13:13	
77 #119	Michael Valone M32	1:10:52	1:16:01	1:24:06	1:37:09	1:54:46	7:22:54
		1:10:52	2:26:53	3:50:59	5:28:08	7:22:54	
78 #95	Kendel Prescott F52	1:18:09	1:18:15	1:27:41	1:32:07	1:47:29	7:23:41
		1:18:09	2:36:24	4:04:05	5:36:12	7:23:41	
79 #96	Walt Prescott M59	1:18:12	1:18:13	1:27:46	1:32:41	1:46:51	7:23:43
		1:18:12	2:36:25	4:04:11	5:36:52	7:23:43	
80 #5	Wilton Alston M54	1:02:20	1:07:22	1:11:40	1:42:06	2:27:04	7:30:32
		1:02:20	2:09:42	3:21:22	5:03:28	7:30:32	
81 #83	Mark Monachino M54	1:16:43	1:25:47	1:30:24	1:34:51	1:42:50	7:30:35
		1:16:43	2:42:30	4:12:54	5:47:45	7:30:35	
82 #298	Jennica Liberatore F27	1:17:11	1:25:24	1:31:14	1:34:30	1:42:21	7:30:40
		1:17:11	2:42:35	4:13:49	5:48:19	7:30:40	
83 #97	Jean Rand F64	1:22:37	1:28:07	1:29:57	1:38:41	1:32:18	7:31:40
		1:22:37	2:50:44	4:20:41	5:59:22	7:31:40	
84 #12	Joseph Bello M69	1:17:02	1:22:32	1:35:00	1:39:34	1:44:54	7:39:02
		1:17:02	2:39:34	4:14:34	5:54:08	7:39:02	
85 #47	Joshua Harris M32	1:16:48	1:19:07	1:26:02	1:45:27	1:53:35	7:40:59
		1:16:48	2:35:55	4:01:57	4:27:42	4:53:35	
86 #91	Emily O'shea F35	1:22:41	1:42:14	1:50:39	1:32:41	1:42:00	8:10:15
		1:22:41	3:04:55	4:55:34	6:28:15	8:10:15	
87 #21	Thomas Butler M48	1:24:26	1:33:33	1:43:14	2:08:24	1:45:28	8:35:05
		1:24:26	2:57:59	4:41:13	6:49:37	8:35:05	
88 #125	Jeffrey Vieyra M66	1:31:38	1:36:09	1:41:17	1:52:38	1:59:13	8:40:55
		1:31:38	3:07:47	4:49:04	6:41:42	8:40:55	
89 #9	Dawn Banner F44	1:22:44	1:44:21	1:37:30	1:47:58	2:08:55	8:41:28
		1:22:44	3:07:05	4:44:35	6:32:33	8:41:28	
90 #106	Russ Sampson M40	1:16:42	1:19:11	1:41:23	2:15:14	2:10:48	8:43:18
		1:16:42	2:35:53	4:17:16	6:32:30	8:43:18	
91 #22	Carl Camille M54	1:24:48	1:43:15	1:50:59	1:48:01	2:01:27	8:48:30
		1:24:48	3:08:03	4:59:02	6:47:03	8:48:30	