

ROC Mendon Trail Runs - 10K

Saturday November 7, 2009

Mendon Ponds Park, Mendon, NY

81 Finishers(32 Female, 48 Male, 1 Unknown)

Timed by YellowJacket Racing

Pos	Bib	Name	Gender	M/F	Place	Class	Age	City	Time	Pace
1	109	Dave Bischoff	M		1	Overall Male	47	Fairport	0:40:32	06:32
2	96	Josh Harter	M		2	M30-39	34		0:42:54	06:55
3	91	Mark Raybuck	M		3	M50-59	51	Williamsville	0:45:03	07:16
4	90	Andrew Smith	M		4	M30-39	32		0:45:50	07:24
5	114	Michael Brown	M		5	M40-49	45	Pittsford	0:46:20	07:28
6	94	James Roche	M		6	M40-49	49	Fairport	0:47:44	07:42
7	111	Robert Watson	M		7	M20-29	20	Jersey Shore	0:48:00	07:45
8	88	Karl Jaanimagi	M		8	M20-29	29	Henrietta	0:48:08	07:46
9	98	Joe Williams	M		9	M30-39	36	Rochester	0:48:50	07:53
10	118	Joshua Egerton	M		10	M30-39	33	Webster	0:48:52	07:53
11	103	Kim Douglas	F		1	Overall Female	39		0:49:26	07:58
12	112	Brandon Niescier	M		11	M19UNDER	19		0:50:40	08:10
13	106	Brent Wingfield	M		12	M40-49	41	Greenwood	0:50:55	08:13
14	16	Thomas Westfall	M		13	M40-49	42		0:51:13	08:16
15	120	John Benson	M		14	M50-59	51		0:51:22	08:17
16	75	Brittany Smith	F		2	F20-29	25	Canandaigua	0:51:42	08:20
17	104	Anne Shannon	F		3	F40-49	43		0:53:37	08:39
18	86	Carl Grimm	M		15	M70-79	70	Rochester	0:53:41	08:40
19	60	Larry Preston	M		16	M50-59	58	Lima	0:54:35	08:48
20	102	Benjamin Oakleaf	M		17	M20-29	23	Syracuse	0:55:06	08:53
21	82	Katyn Kuczek	F		4	F40-49	43	Rochester	0:55:25	08:56
22	70	Kurt Vay	M		18	M50-59	51	Rochester	0:55:42	08:59
23	99	Kevin Kaucher	M		19	M20-29	27		0:55:47	09:00
24	101	Matt Degma	M		20	M50-59	55		0:55:54	09:01
25	110	Ed Martin	M		21	M40-49	46	Victor	0:57:08	09:13
26	116	Jana Garch	F		5	F40-49	48	Mendon	0:57:08	09:13
27	51	Herm Kreiley	M		22	M60-69	66	Dansville	0:57:11	09:13
28	80	Matt Groth	M		23	M30-39	30		0:57:27	09:16
29	49	Matt Hurley	M		24	M20-29	20	Fairport	0:57:34	09:17
30	97	Steve Anderson	M		25	M50-59	54	Rochester	0:57:35	09:17
31	67	Walter Standhart	M		26	M60-69	65	Rochester	0:57:56	09:21
32	85	Larry Hoffman	M		27	M40-49	41	Ontario	0:58:49	09:29
33	100	Caroline Kenyon	F		6	F30-39	30		0:58:54	09:30
34	36	Derek Bakay	M		28	M30-39	36	Camillus	0:59:02	09:31
35	108	Robert Hitchcock	M		29	M40-49	43		0:59:54	09:40
36	81	Who Are You Who Are You							1:00:13	09:43
37	43	Michelle Dietz	F		7	F19UNDER	17	Marcellus	1:00:37	09:47
38	152	Kenneth Allen	M		30	M20-29	22	Syracuse	1:00:49	09:49
39	89	Wayne MacCarthy	M		31	M50-59	53	Bloomfield	1:01:18	09:53
40	39	Matt Britt	M		32	M50-59	55	Batavia	1:01:27	09:55
41	68	Sandi Stern	F		8	F50-59	50	Pittsford	1:01:35	09:56
42	83	Lynn Mullen	F		9	F30-39	36	Rochester	1:03:28	10:14
43	50	Michael Kobilansky	M		33	M50-59	51	Fairport	1:04:00	10:19
44	59	Paul Phillips	M		34	M50-59	54	Pittsford	1:04:03	10:20
45	115	Chris Barry	M		35	M50-59	57		1:04:05	10:20
46	95	Kristina Marquez	F		10	F30-39	30	Kenmore	1:04:13	10:22
47	56	Lew Migliore	M		36	M40-49	49	Pittsford	1:04:21	10:23
48	84	Marla Cilento	F		11	F40-49	40	Fishers	1:04:56	10:28
49	213	Dale Dimick	M		37	M40-49	42		1:05:16	10:32
50	38	Rachel Bowcutt	F		12	F20-29	26	Ballston Spa	1:05:17	10:32
51	200	John Bonn	M		38	M40-49	41	Rochester	1:05:19	10:32

52	77	Christina McLyman	F	13	F40-49	42	Rochester	1:05:56	10:38
53	87	David Dys	M	39	M30-39	30	Rochester	1:06:09	10:40
54	46	Michael Green	M	40	M40-49	46	Pittsford	1:06:28	10:43
55	71	Roger Vince	M	41	M50-59	57	Rochester	1:07:32	10:54
56	209	Allison Sams	F	14	F20-29	23		1:08:17	11:01
57	117	Glenn Post	M	42	M50-59	57		1:09:09	11:09
58	107	Heather Dederich	F	15	F20-29	21		1:09:09	11:09
59	92	Gary Preece	M	43	M50-59	56	Shortsville	1:09:39	11:14
60	69	Trish Vantucci	F	16	F40-49	43		1:09:40	11:14
61	63	Annette Schaff	F	17	F50-59	59	Penfield	1:09:40	11:14
62	93	Kim Henshaw	F	18	F40-49	46	Hilton	1:09:42	11:14
63	41	Tom DeMeyers	M	44	M40-49	42	Palmyra	1:10:00	11:17
64	76	Kim Barry	F	19	F20-29	24	Rochester	1:10:59	11:27
65	73	Maureen Perdue	F	20	F20-29	27	Rochester	1:11:16	11:30
66	72	Bethany Calkins	F	21	F20-29	29	Rochester	1:11:18	11:30
67	42	Tamarah DeWolf	F	22	F40-49	47	Phelps	1:11:19	11:30
68	53	Julie Leonard	F	23	F40-49	41	Canandaigua	1:11:19	11:30
69	119	Katie Scorsone	F	24	F20-29	29	Avon	1:12:09	11:38
70	58	Patricia Palmieri-Phelan	F	25	F40-49	41	North Chili	1:12:38	11:43
71	113	April Amodei	F	26	F40-49	45		1:13:28	11:51
72	52	Erin Lawler	F	27	F30-39	32	Dansville	1:13:40	11:53
73	183	Charlie Sabatine	M	45	M70-79	76	Victor	1:14:12	11:58
74	44	Peter Dietz	M	46	M40-49	48	Marcellus	1:15:25	12:10
75	66	Martha Southard	F	28	F50-59	51	East Syracuse	1:15:25	12:10
76	204	William Tinkey	M	47	M30-39	35	Lockport	1:15:30	12:11
77	45	Jeri Frederiksen	F	29	F40-49	45	East Amherst	1:18:14	12:37
78	105	Jeannie Chirico	F	30	F20-29	25	Camillus	1:20:06	12:55
79	78	Robert Carafice	M	48	M60-69	66	Rochester	1:21:02	13:04
80	37	Jessica Bakay	F	31	F20-29	27	Camillus	1:24:09	13:34
81	54	Maria Mancarella	F	32	F20-29	21	Syracuse	1:24:09	13:34